

COMPUTATION BOOK

NAME

James Holmes

Course

of Life


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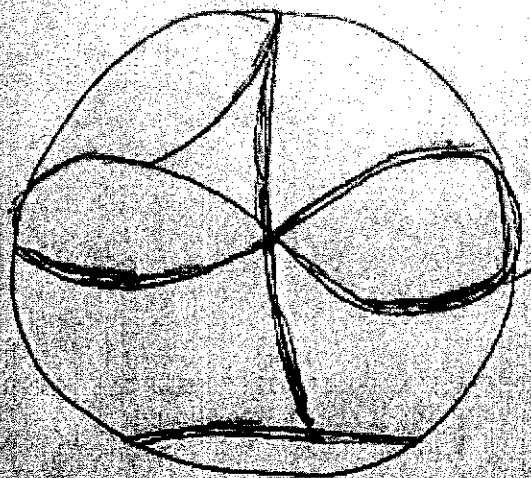
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IMPRESA EN MEXICO

The Questions

What is the meaning
of life?

What is the meaning
of death?



To
Goober
Chrissy
Bobbo

Love yuks

INSIGHTS into the Mind of Madness

What is equal equal to?
 * All men are created equal.

All men are uncreated equal

Equal = 1

1 (Distinct measurable value)

No affiliation

= ?

1 or 11 or -9

Regardless, value of murderer $\neq$ to the dead. Equal $\neq$ 1

Equal = ∞

∞ (priceless/unlimited value)

= ?

∞ or 0 or - ∞ Murderer value may be = to dead. Equal may = perfect

* By similar reasoning Equal = 0 (valueless) may be possible

Equal = 0

(valueless/no value)

No difference from death

Murderer value certainly = to dead. Equal by definition is valueless.

$\circ$ Equal = $\circ$ No value
 $\circ \circ$ Equal may = $+\infty$ Ultimate good
 Equal may = $-\infty$ Ultimate evil

Can a person have both no value
 AND be ultimately good AND/OR
 ultimately evil?
 in value? * Unknown.

Why does the value of a person even matter?

* Justice

If people are ultimately good
 or evil in value, then one may
 suffer from injustice.

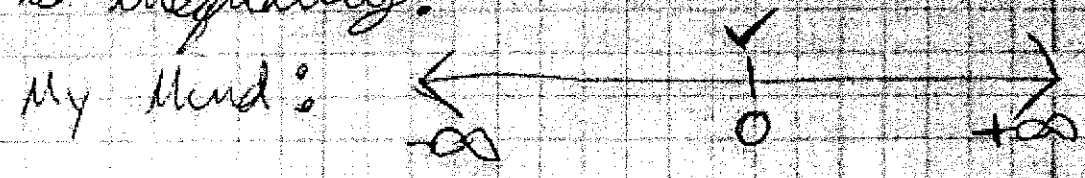
If life has no value:

- All is just
- Life and death are not demarcated.
- Any and all actions have no impact on anything

Moral imbeciles are those who side
 with $\circ$ or $-\infty$. The ideals of society
 are founded on $+\infty$.

Why do persons commit to 0 or $-\infty$?

All men are created equal, and all men are uncreated equal but inbetween there is inequality.



Life's fallback solution to all problems - Death.

Multiplying both sides of an equation by 0 .
When mankind can't find truth,
untruth is converted to truth via violence ($\times 0$)

problem = ? $0 \times \text{problem} = (?) \times 0$

*based on an incorrect theorem $0 = 0$ problem = solved
 $0 = 0$

00 Violence is a false response to truth while giving the illusion of truth. This is widely understood with murder being unjust. However, mankind hasn't found a better alternative & there is still mass violence, war, and unfortunately these forms of violence are mistakenly still justified.

I have spent my entire life seeking this alternative so that the questions of how to live and what to live for may be addressed.

Alternatives to death:

① Ignore the problem.

If the problem or question doesn't exist
then the solution is irrelevant.

Didn't work. Forms of escapism tried included
reading, television and alcohol.

② Delay the problem.

Live in the moment without concern
for answering the problem at present.

Didn't work. Pursued knowledge to increase
the capacity for answering the questions with
improved cognitive function.

③ Pawn the problem.

If one can't answer the question
themselves, get someone else to answer it.

Didn't work. Everyone else didn't know the
solution either.

④ Love.

Hate.

~ ~ ~ Despite knowing death is false and self-optimal, ^{no one,}
I couldn't find a working alternative. If all of

Life is dead, than the questions -
 Why should life exist?
 What is the purpose of living?
 Are then $\emptyset$, irrelevant.

Self Diagnosis of Broken Mind

- Dysphoric mania
- Generalized anxiety disorder / Social anxiety disorder / OCD / PTSD (chronic)
- Asperger syndrome / Autism
- ADHD
- Schizophrenia
- Body dysmorphic disorder
- Borderline, narcissistic, anxious, avoidant and obsessive compulsive personality disorder.
- Chronic insomnia
- Psychosis
- Trichotillomania
- Adjustment disorder
- Pain disorder
- Restless leg syndrome

Symptoms attributed to Self Diagnosis

- Catatonia. Developed recently, often lasts for 3-5 hours in the middle of the day. If present in morning and I know it isn't particularly bad, can goad myself to move by thinking "Bambi get up, you must get up."
- Excessive fatigue. Present since beginning undergraduate studies. Can move but typically "need" to lie down for 1 hour.
- Isolationism. Removing myself from social settings. Being around others is tiring with no apparent reason. Perhaps just an extreme form of introversion.
- Avoid social interactions. 99% of the time will not initiate a conversation. If discourse is unavoidable or redundant action socially unacceptable responses will be short or in question form to have other person be the one talking.
- Brief periods of invincibility, actions are in hyperspeed. Developed in last 3 months, occurs typically 3 or 4 days a week lasting all day with

possible interludes of catatonias.

- Tiredness most of the time for about an hour, ~~onset~~ unknown.
- Quick fleeting movements in peripheral vision. Kind of like a light flicker. Other times dark spatchy movement in peripheral vision like a crow or beetle. Occurrence rate usually 1 to 3 times per day/night. Onset unknown but > 1 year ago, when gaze is shifted to identify movement no source, or potential source for its cause present.
- Proclivity to scan environment with no target or object in mind. Typically occurs alongside apathy in a boring situation when someone is giving a presentation or otherwise rambling about frivolous information. Rate - often. Onset - child.
- Recurring return to mirror to look at appearance. Particular attention focused on hair styling. 10+ times a day. Onset > 1 year ago.
- Concern with tooth. Only skewed with ~~right~~ ^{left} side of jaw to preserve right side of teeth. Occurred as child and persisted after getting braces.

- Concern with nose. Often drippy, a leaky faucet requiring continuous wiping. When nose interferes with quality of living, pores are squished to the point of skin peeling. Causes ^(on nose) situational since child.
- Concern with ears. Can not hear very well.
- Concern with eyes. Imperfect biology, had to wear glasses. Oculus sinister is dominant eye.
- Concern with cock. Suffered accidents as child. Allergic reaction to soap - stinging. Excessive stimulation in response to "most beautiful woman in world" I had read in a book. Other event - a slab of skin tore away, did not heal. Results of accidents not prevalent to absent in appearance when erect.
- Inability to communicate what I want to say although I can understand it. Typically have an image in my mind but can't say images or draw them, would be nice if there was some form of telepathy to transfer the images.
- Difficulty in concentrating or focusing on anything longer than 15 minutes. Created a learning strategy of studying 15 mins then watching TV and repeat. Very effective but only in isolation.

- Odd sense of self. View myself as divided. There is a biological me, which is driven by biological needs. E.g. hunger drives me to go eat, thirst... to drink etc. The real me is fighting the biological me. The real me, namely thinking me does things not because I'm programmed to, but b/c I choose to. The latest battle I lost was when I finally succumbed to falling in love. Evolution, the biological program's coder is very difficult to fight.
- Can't fall asleep when I want to fall asleep. Sometimes my legs and arms will twitch involuntarily $\approx$ 1 per month. Much more common is having to adjust sleeping position $\approx$ 10+ times a night b/c of physical discomfort.
- Random, no apparent cause stabbing back pain. More typical is throbbing aching lower back pain.
- Hair pulling. First was back of head at "hall 401" - 10th grade, when someone mentioned it was going to be a switched location. Sudburns - like high school and then peak early college. Under then and just late college. Most recently eyebrows and eyelashes.
- The obsession for kill. Since I was a kid. With age became more and more significant. Started as

the entire world with nuclear bombs. Then shifted to biological agent that destroys the mind. Most recently serial murder via a cell phone stun gun & folding knife in national forests.

— And finally, the last escape, mass murder at the movies. ^{1st} Obsession onset > 10 years ago. So anyways, that's my mind. It is broken. I tried to fix it. I made it my sole conviction but using something that's broken to fix itself proved Neuroscience sound like the way to go but it didn't pan out. In order to rehabilitate the broken mind my soul must be eviscerated. I could not sacrifice my soul to have a "normal" mind. Despite my biological shortcomings I have fought and fought. Always defending against predetermination and the fallibility of man. There is one more battle to fight with life. To face death, embrace the longstanding hatred of mankind and overcome all fear in certain death.



Crazy Concepts

Futility

The mind is a prison of uncertainty.
 Trillions of cells guard it for eternity.
 O' where art thou master key?
 Destroy the mind and be free.

Homo Sapiens

Mythical
Biblical

Garden of Eden → Consume fruit of knowledge
 → Cast out of utopia

Mythical
Greek

Prometheus, steals fire from Gods → Gives knowledge
 of fire to man → Eternal torture, eagle eating liver

Mythical
German

Faust, trades soul to devil for knowledge → Corrupted

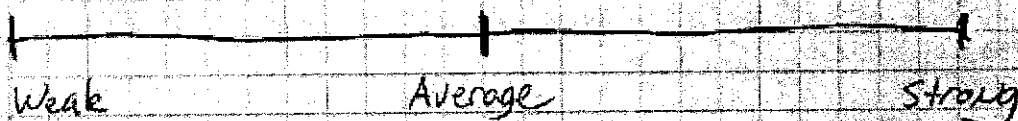
Nothing

Easily recognized but often overlooked.
 As soon as something is defined, it has
 features of something. It is not
 encapsulation of something, it is
 many things, many things
 but there is nothing.

The Blind

Close your eyes, leave them closed, open them. The sightful know when their eyes are open. The insightful know not whether they see with their eyes open or closed.

The Number Line

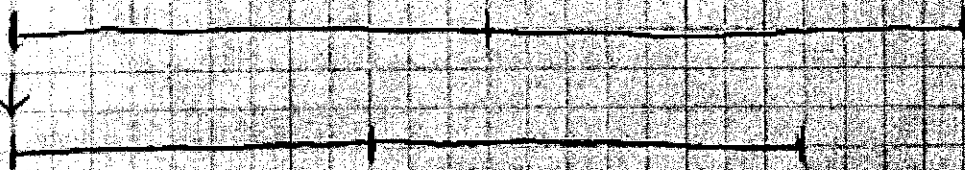


The weak are most likely to perish in trying times. Likewise, the strong most likely to overcome.

Why do the AVG & STR support the weak?

This is easily answered. In trying times the weak will fall. They act as a buffer. Furthermore, when the weak die, the AVG & STR become weaker.

Survival
Fitness
Weak



Survival fitness is fixed when compared to MAN vs Nature. But Man vs Man is relative.

Everything

Everything suffers the same paradoxical qualities as nothing.

The Ripple / Butterfly Effect & Unity

Reference to the butterfly flapping its wings and causing a Tornado half way around the world.

Space and time are inextricably linked. Go ahead and attempt to visualize or understand time without some sort of matter description attached. Similarly space is nonexistent w/o time. Imagine space. You've probably imagined a snapshot, a single time point of physical objects.

Every being is a unique particle set of spacetime. Between or filler amongst beings establish continuity of the universe. Any action or lack of action ripples throughout the entire universe at a given spacetime. In one's own selfish nature, we choose to view ourselves as distinct or separate from the universe. A single universe ourselves, per se. This isn't correct. We are all one, unity. As such, there is no difference between life & death or spacetime. All

things, actions and phenomena are not multiple ripples. Instead the universe is a single unitary preponderance of which we are each a part of. This may be unfathomable to some and result in the seeking of escapism and attempt at reductionism of unity into fractured entities. To me, this unity is infinitely complex. Much more preferable is a simple system. Unity through nil.

Why? Why? Why? Why?

Why? Why? Why? Why? Why?

Why? Why? Why? Why? Why?

Why? Why? Why? Why? Why?

Why? Why? Why? Why? Why?

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Why? Why? Why? Why? Why?

[illegible]

[illegible]

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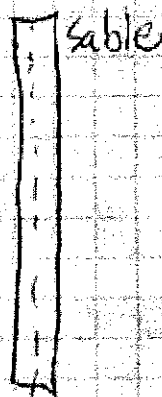
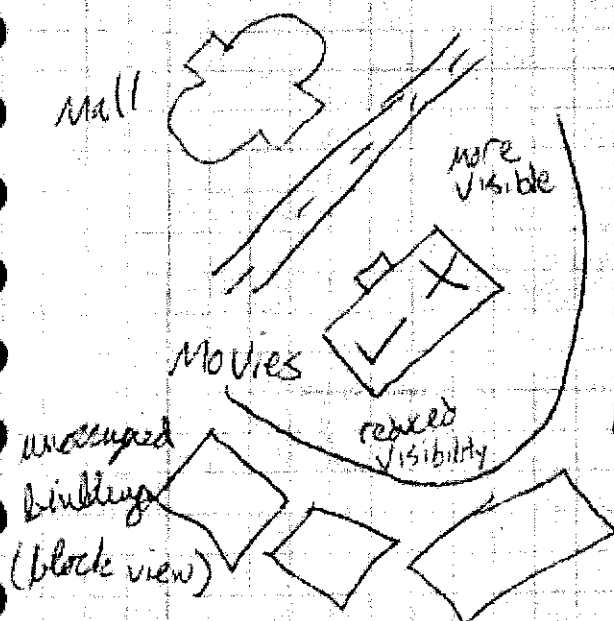
Case the Place

- Targets random. The cruel twists of fate are unkind to the misfortunate.
- Method: Bombing X (too regulated & suspicious)
Biological Warfare X (too impatient, requires extensive knowledge, chemistry, and equipment)
Serial Murder X (too personal, too much evidence, easily caught, few kills)
Mass Murder/Spree ✓ (Maximum casualties, easily performed w/ firearms although primitive in nature. No fear of consequences, being caught 99% certain)
- Venue - Airport or Movie theater.
Airport X Substantial security. Too much of a terrorist history. Terrorism isn't the message. The message is, there is no message. Most folks will misinterpret correlation for causation, namely relationships and work failure as causes. Both were expediting catalysts not the reason, the causation being way above of mind for the past 15 years.

The movie Theater - Linemark 16

- Isolated
- Proximal
- Large

• What better place to ease than that of an inconspicuous entertainment facility?



• South side of theater optimal

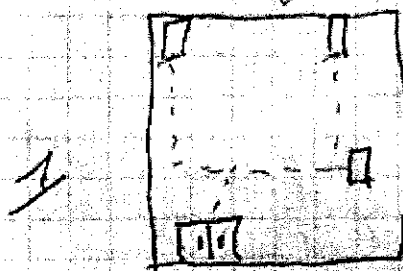
• 15 screens



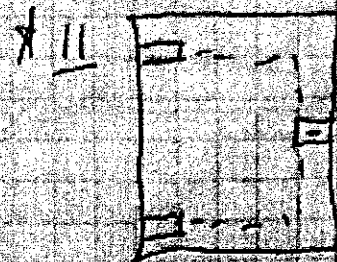
✓ best side of approach



• Clock-wise numerical organization

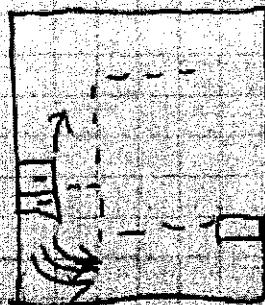


- Avoid too many exits
- Wrong spatial location
- Very large

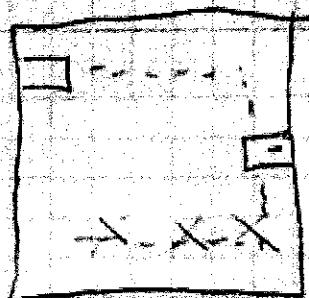


- Slightly smaller area
- 3 exits
- Good spatial location

*** 10 Double Doors entrance

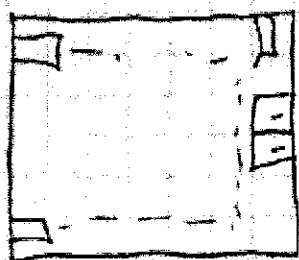


- Primary target
- Only 2 exits
- Excellent spatial approach
- Most movie-goers take right path
- Medium size

1X 12

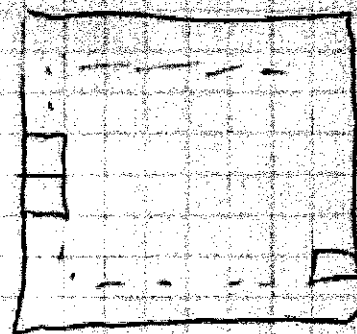
- Only 2 exits
- Small area size
- Single door entrance
- Visibility marginal
- Only 1 range X

13

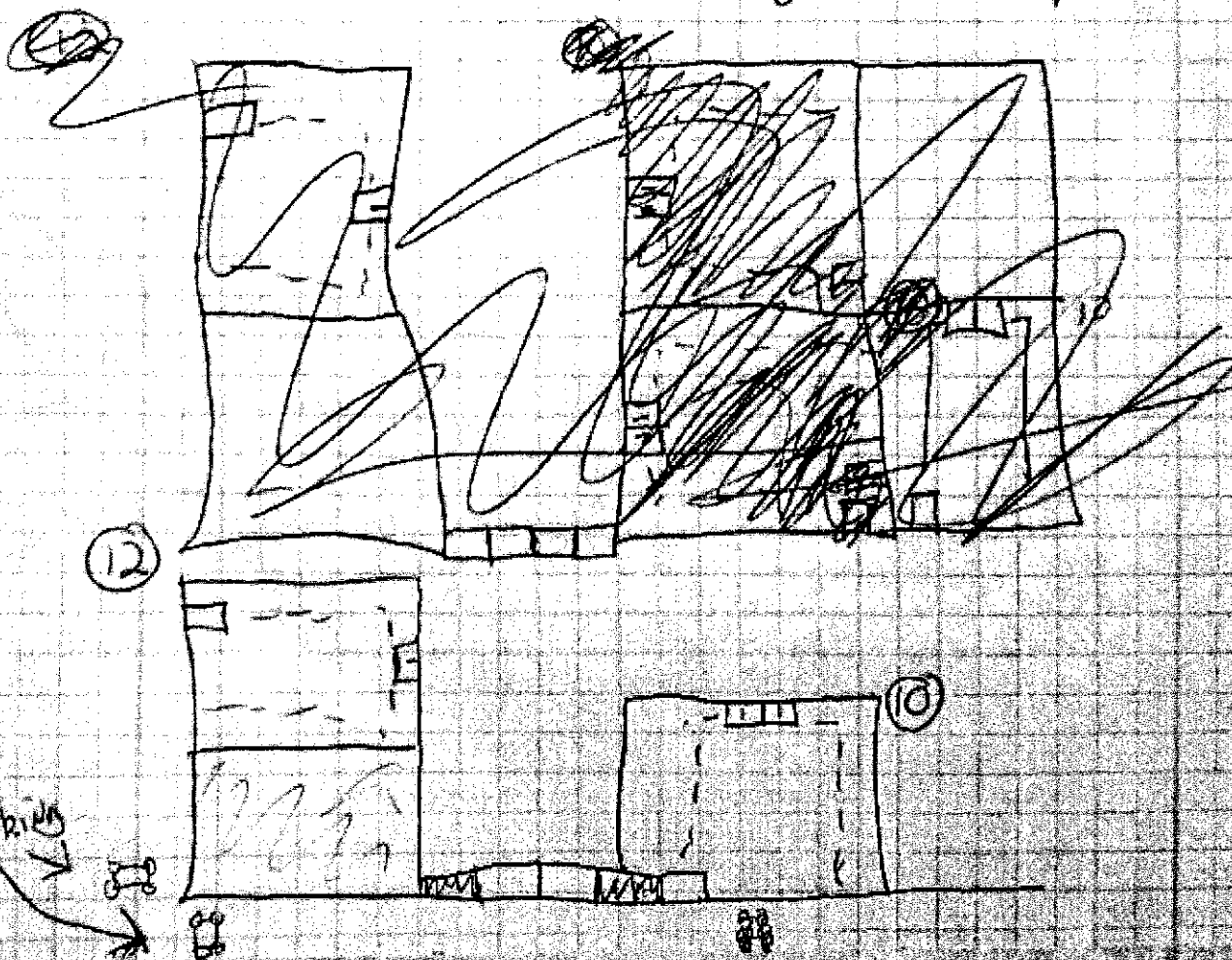


- 4 exits
- Too visible
- Avoid

*9



• 10 & 12 best targets in complex



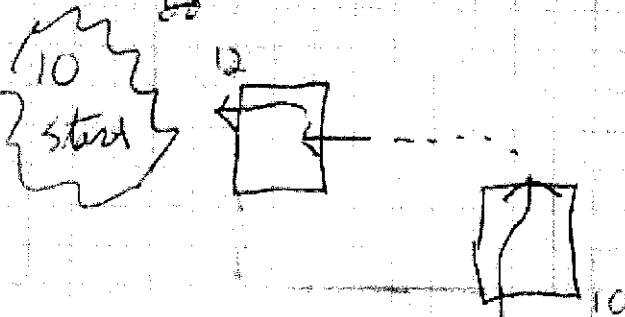
3 options of attack

- Start at 12
- Start at 10
- Start at smokers escape

* table cloth changed
smoke and door wedge.
Took forever to find
that it was defect of
search, originally looked
at pipe clamp and other
right yet cheap things.

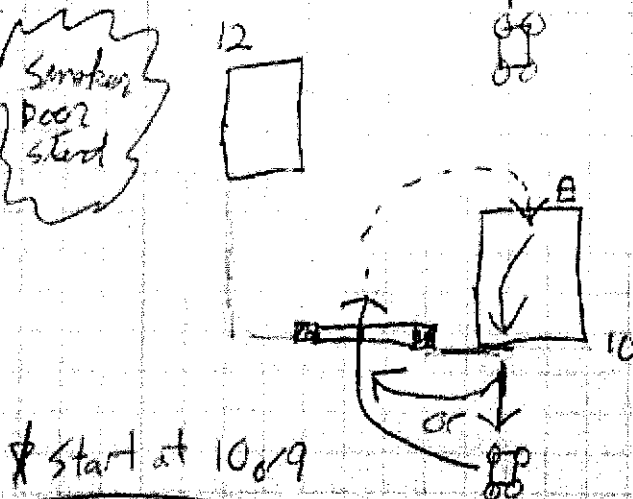


- Pros - Start at smaller room
- Can lock dbl doors
at 10 increasing casualties
- Cons - Starting point more
conspicuous than others



- Pros - Very inconspicuous
Starting point
* can begin smoke
Many initial persons
packed in single area

- Cons - Can't lock double doors,
many escapes



- Pros - Least conspicuous, can
begin need for smoke
- Can lock dbl doors,
inflicting mass casualties
in 10.

- May re-enter and kill
more or bail
- Cons - Most prone for door being
locked or clamp removed
- Real smokers (early warning)
- Time for hallway is vulnerable

* Start at 10

~~100% smokers~~
~~Start~~ appears best,
cautious approach
* ~~smokers~~ start would best
10

National
guardsPolice
Department

Houses

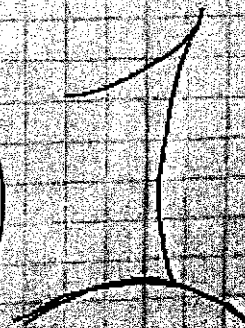
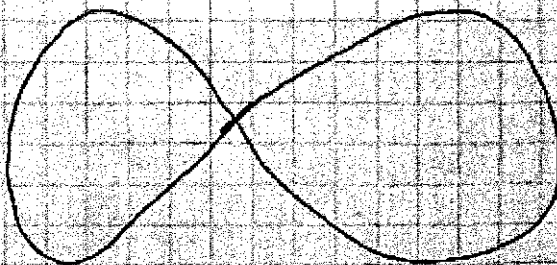
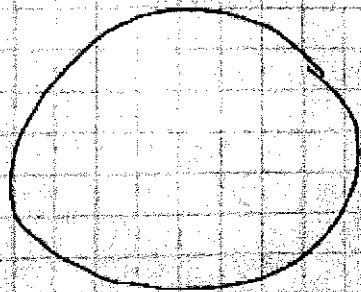
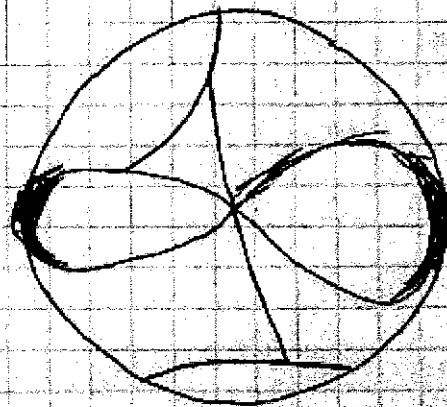
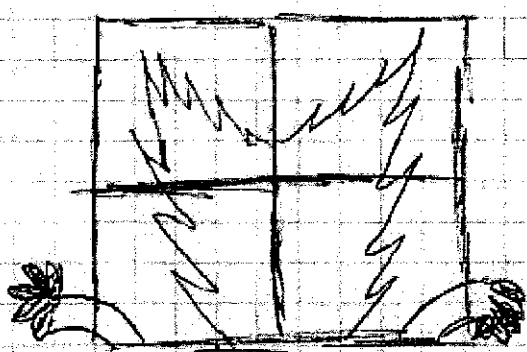
ETA Response
~ 3 mins.The Shrieks

- #1 Mel, last name unknown
#1.5 Evaluator Margaret Routh
- #2 Lynne Fenton
- #3 Robert Feinstein

1. Family therapy w/ Mel. Revealed nothing as to not appear weak amongst family. Was a kid at time, parasuicide, mother noticed, asked what happened, replied paper cut. No further investigation. - Clean bill of health. Decided to shut life to killing others so that it could live.

- 1.5) Requested appointment for anxiety - diagnosed with anxiety or depression (diagnosis unknown, possibly to avoid stigmatization. Referred to psychiatrist.
- 2) Immediately prescribed antidepressants (first acting - benzos, long lasting SSRI's - sertraline). Sertraline primarily antidepressant not anxiolytic.
- 3) Anxiety & depression both serotonergic system anyway though. No effect when needed. First appearance of mania occurs, not good mania. Anxiety and fear disappears. No more fear, no more fear of failure. Fear of failure drove determination to improve, better and succeed in life. No fear of consequences. Primary drive reversion to hatred of mankind. Intense aversion of people, cause unknown. Began long ago, suppressed by greater fear of others. No more fear, hatred unchecked. Starts small. Buy stun gun and folding knife. Research firearms laws and mental illness. Buy handgun. Committed. - Shotgun, - AR-15, 2nd handgun, Wildcard, explosives, simplest and least suspicious: gasoline & oil. Acquire remote detonation system and body armor, practicing shooting at ~~the~~ Byers Canyon rifle range. Can't tell the mind rejects plan. If plan is disclosed both "normal" life and ideal enactment on hatred foisted.

Prevent building false sense of rapport.
 Speak truthfully and deflect incriminating
 questions. Oddly, they don't pursue or delve
 farther into harmful omissions. Attempt
 to see if can pass exams as myself and
 not by fear. Fail. I was fear incarnate.
 Love gone, motivation directed to hate and
 obsessions, which didn't disappear for a/e
 reason w/ the drugs. No consequence, no
 fear, alone, isolated, no work for distractions,
 no reason to seek self actualization. Embraced
 the hatred, a dark twilight rises.

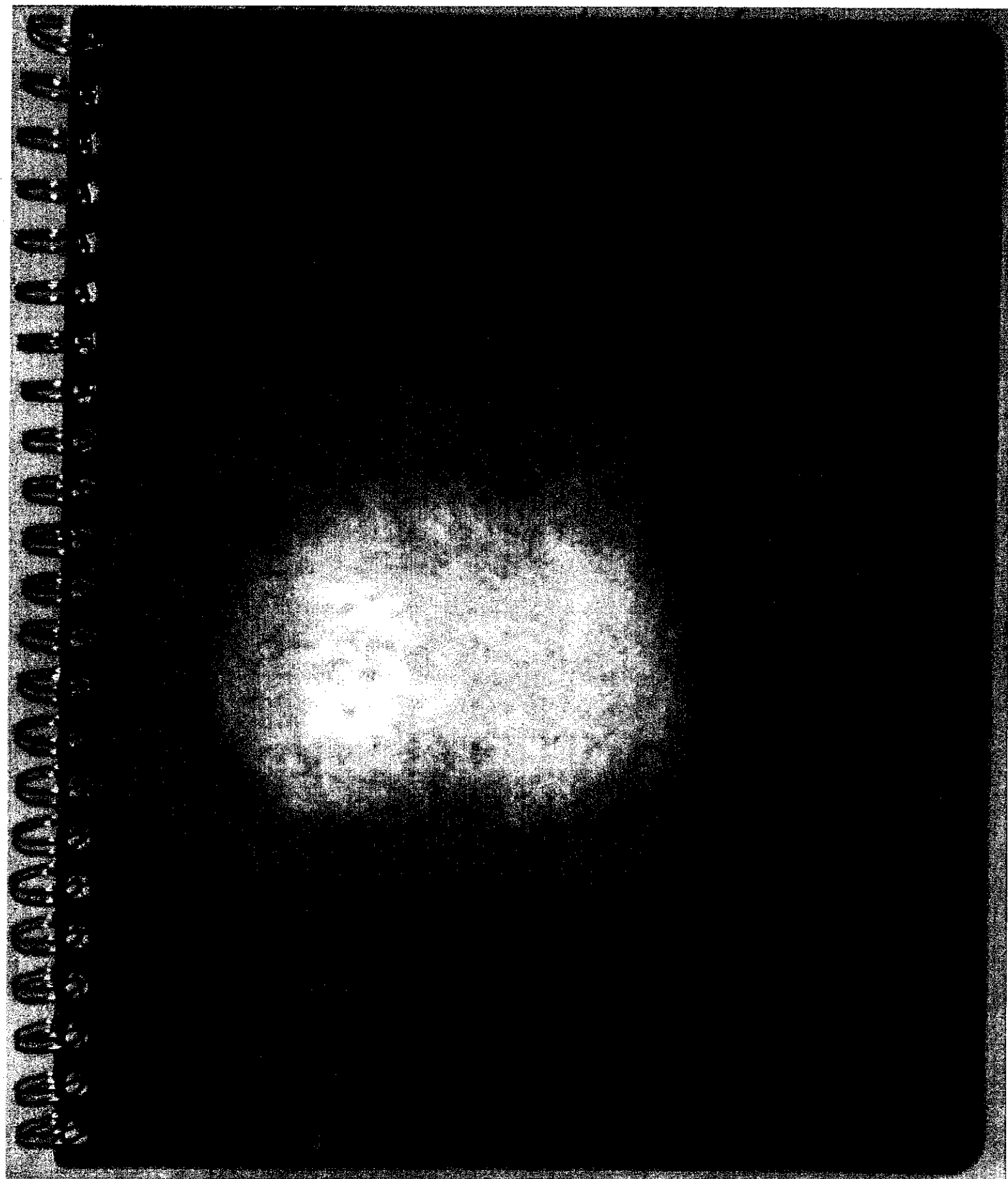


Faith

What kind of GOD
commands his people not
to murder yet cowers
behind free will?

Reason

The reason why life should exist
is as arbitrary as the reason why it shouldn't.
Life shouldn't exist.



~~14~~

04.16.15